



## MOUNTAIN BIKING ITINERARY

The itinerary for this tour can vary greatly depending on the groups' overall riding experience. We have a number of Mountain Biking trails in and around the Moab area, that we have access to, and each one has a different difficulty rating. For a great majority of our Mountain Bike tours we run the Bar-M Loop. This is a great scenic, easy/moderate level, trail that has a combination of loose dirt/sand, packed dirt, and paved bike trail to ride on. If you have chosen a different trail and it has been approved by Adrift Adventures, then we will be sending you the appropriate information to go along with the trail you have chosen. For any of the trails Adrift will provide the transportation to the trailhead, and back to the office at the end of the tour.

### Beginner-

- Dead Horse Point – Wide, rolling single track with spectacular overlooks.
  - The Intrepid Trail is one of Moab's newest rails located at Dead Horse Point State Park. Dead Horse Point is one of Utah's most spectacular state parks. Towering 2,000 feet above the Colorado River, the park provides a breathtaking panorama of Canyonlands' with sculpted pinnacles and buttes. This introductory ride to single track has rolling terrain, mixed with some short climbs and lots of fun sections to cruise your way through.
- Lazy and EZ – Gentle single track, flowing downhill and gradual climbs.
  - Moderately easy with a few interesting turns and some climbs. A few technical moves through sandstone ridges and boulders keeps your attention. You will have to climb more than 200 feet in either direction through the Lazy-EZ loop. Average grade is about 3%.
- Monitor & Merrimac – Big easy expanses of slickrock with some single track. Jaw-dropping beautiful.
  - This is the best slickrock playground in Moab for novice mountain bikers – less intimidating than Bartlett Wash or the Slickrock Trail. Sandy sections will hopefully be rerouted in the near future. It's easy to confuse this loop with the Monitor & Merrimac Jeep Trail, which is mostly beach sand and heavily used by vehicles. The historic Halfway Stage house and the fossil quarry at the Mill Canyon Dinosaur Trail can both be visited on this ride.

### Intermediate –

- Bartlett Slickrock – Smooth and flowing carve your own route in a half pipe or a bowl. Rock 'n roll!
  - Looking to improve your technical riding skills? Lots of dips, bowls and drops make this ride a veritable slickrock playground, and our guides will be happy to give you the tips you'll need to master it. Hidden canyons, beautiful red sandstone, and unique terrain make this ride a local's favorite. You'll love it too!
- North 40 – Dreamy, smooth & carvey single track. Links to other trails.
  - This is a longer ride that starts easy, but becomes more challenging. You will climb almost 600 feet either direction you ride, but riding counterclockwise offers the lower uphill grades. The loop can be shortened by about a mile by turning around at the crossover point at the pipeline road. Average grade about 5%

### Advanced –

- Magnificent 7 – Classic slickrock and single track; big vistas
  - Get onboard on of Moab’s new classic rides! Multiple trail sections allow us to ride a variety of terrain with Slickrock and flowy trail sections that offer spectacular views along the canyon rims. Take a break at Gemini Bridges and soak in the water caused geologic formation. Magnificent 7 has options that make it a great ride for an awesome half or full day tour.
- The Slickrock Trail – steep climbs and descent on 12 miles of roller coaster fun \*Please note that all itineraries are subject to change depending on: water levels, weather conditions, road conditions, time of year, and any other unforeseen factors that may affect the trip in any way.
  - The Slickrock Bike Trail is located on a heavily eroded sandstone plateau between Moab Valley and the Colorado River in the Sand Flats Recreation Area. The trail is normally used from March through November although the spring and fall months are the most popular. Snow usually covers the trail from late December through February.
- Porcupine Rim – Technical slickrock, single track, drops. It’s got it all!
  - A fast but somewhat rough ride for advanced riders. Less skilled riders need more time to pick their way thru the numerous obstacles. Lower single track overlooking the Colorado River has several advanced technical sections. Average grade is 7%.

**Included:**

- ✓ Experienced, knowledgeable guide
- ✓ Water Bottles & Snacks – feel free to bring your own water bottle & snacks
- ✓ Helmets
- ✓ Gloves
- ✓ Parking available at the Adrift Adventures office
- ✓ Pick-up from your motel or campground, if needed (24 hr. notice)
- ✓ Shuttle to & from Adrift Adventures office

**Not Included:**

- Guide Gratuities
- Trip Insurance

**What to bring:**

- Sunglasses, sunscreen - sun protection is very important!
- Clothing needs to be comfortable, easy to move in, and not too loose
- Close-toed shoes (i.e. tennis shoes, bike shoes)
- Water bottle – for your convenience (optional)
- Camcorders and cameras – bring at your own risk

**To Be Aware Of:**

- Age limit will depend on the size/weight and child’s biking experience.
- To make sure that these locations are still available for future generations to enjoy please follow the Adrift Adventures motto of “See it as it is...Leave it as it was.”
- Do not touch, climb on, remove, or disturb, in any way, any of the Indian ruins, pictographs, or petroglyphs that you may encounter on your adventures. Treat them just as you would treat an exhibit in a museum, because that is exactly what they are!
- “Pack it in, pack it out.” Be sure to pick up any trash that you may drop, we want to leave the area as pristine, if not more so, than the way we found it.
- Please keep in mind that all return times are approximate and may vary due to water levels, road conditions, and any other unforeseeable events.
- All trips meet and depart on Rocky Mountain Time – be sure that if you are traveling from out of state that you make sure you are on the correct time zone.