



(435) 259-8594

PACKING CHECKLIST

WHAT YOU SHOULD BRING WITH YOU

The following supply list covers all our trips in all kinds of weather. It merely suggests items to consider for your trip, and you should bring what will best suit your individual needs. For shorter trips (three days or less), consider bringing only one pair of shorts, etc. rather than the “two pair” on the list. MOST PEOPLE TEND TO OVERPACK. Please limit personal gear to 35 pounds per person on all river expeditions – this weight does not include your camping gear, as that is supplied by Adrift Adventures. Be aware that if you have a return flight on your Cataract Canyon trip, or are on a Desolation Canyon trip, that your weight limit on luggage is 25 pounds per person, as per the FAA. We suggest packing your items in an athletic bag, or duffel bag, for easier access. All your personal items will need to fit into a 20”x20”x27” river bag.

Adrift Adventures provides all rafts and related equipment: life jackets, safety equipment, personal river bags for your gear, kitchen, dining and toilet equipment, sleeping bags, sleeping pads, and 2-person tents.

Please pack clothing that you will not mind getting wet and dirty. Fast drying, durable, comfortable clothing is best for rafting. Cotton is recommended for hot weather and synthetic polypropylene or wool clothes for cool weather.

CLOTHING

- 2 Pairs of Shorts
- 2 Swimsuits ~ ladies a sports top/bra & swim shorts are very convenient!
- 1 Pair Long Pants (nylon or cotton/polyester for quick drying)
- Shirts, assorted t-shirts, at least one long-sleeved shirt for sun protection
- 1 Wool or Fleece Jacket for Spring or Fall trips
- Socks, & some underwear
- Light Jacket or Windbreaker
- Tennis shoes (hiking boots aren't necessary but will work)
- Flip-Flops or Teva-like Sandals (prefer shoes that will stay on your feet!)
- Rain poncho or two-piece rain suit – thunderstorms in the desert are very unpredictable!
- Sun hat with string tied-on, Visor or Cap
- Light gloves for holding ropes (optional)
- Bandana

PERSONAL

- Plenty of sunscreen – SPF 15 or better – A MUST!!!
- Biodegradable soap, such as Ivory
- Small towel & washcloth
- Toiletry Kit: Toothbrush & toothpaste
- Flashlight or Headlamp
- Insect repellent (small container)
- Sunglasses with safety strap

- Chapstick with SPF
- Camera (waterproof is a good idea)
- Water bottle or hydration system
- Sun umbrella (if sensitive to the sun)
- Binoculars (for viewing wildlife)
- Books (for relaxing in the evening)
- Feminine hygiene products
- Medications (prescription and non-prescription)
- Comb and/or brush

Packing Tips

- **Handy Items:** Ziploc and trash bags are very useful for separating personal items in your river bag; such as, medications, shampoo, soap, wet items, and dirty laundry. Wet wipes are great for washing your face, wiping your hands, and cleaning sand or dirt off of personal belongings. Remember, on the river it is better to have it and not need it than to need it and not have it! All of these items can be invaluable and do not take up much space or add much weight to your luggage.
- **Carabineer:** Carabineers are very handy in the outdoors as well as back home. Their oval shape and simple gate mechanism allow you to easily clip your water bottle, camera, hat ~ just about anything ~ nearby.
- **Extra Snacks:** We provide snacks throughout the day, but it is a good idea to bring extra snacks for children, for individuals who have snack preferences, or for those who may be diabetic.
- **Beverages:** Each boat has an ice cooler for “personal” drinks; such as, soda, juice, beer, wine, etc. We do not provide beer, liquor, or soda pop. If you are bringing your own drinks, be sure to bring them with you when you check in the day before, before 7 pm. Please bring in moderation! Please DO NOT BRING GLASS! Beverages are not included in your 35 pound gear weight allowance. All wine and liquor should be carried in non-breakable containers (many guests bring along the pre-mixed cocktails in a can, which can be found in most liquor stores). Remember: Utah liquor laws...Don't be caught off guard, as they are closed on Sundays and holidays. State Liquor store hours are from 11 am to either 7 or 9 pm, depending on the season. Adrift Adventures provides an endless supply of water and lemonade all day long.
- **Duct tape:** great for quick repairs for almost anything – sandals, sunglasses, luggage, you name it!
- **Goggles:** These are a good idea for those of you who wear contact lenses. If you wear glasses it is a very good idea to have a safety strap (Crockies or Chums) for them.
- **Light Weight Sheet:** For trips ran during warmer months, we recommend packing a sheet to have for sleeping either in or on top of your sleeping bag.

Desolation Canyon: These trips have an early morning flight into the put-in location located on the Green River. Because of this flight guests are limited to 25 pounds per person – if you have items that put you over this weight limit, or are wanting to have any personal beverages on the trip, you need to have these items to our office no later than 11 am the day before your trip. This will allow Adrift Adventures the time to load everything properly with all the equipment needed that is taken in via vehicle the day before.

Note: All overnight tours include camping gear (sleeping bag, sleeping pad, 2-person tent). You are welcome to bring your own camping gear, please let us know; otherwise we will pack this gear for you.

For Moab weather: go to www.weather.com and type in our zip code: 84532.

For information on other things to see and do in the Moab area, or places to stay, go to www.discovermoab.com

